



# MEAL PREP INFO



**Ca C'est Bon Catering Is Now Offering Meal Preps (Healthy and Fit Meals)**

**We Offer 3 Different Packages To Fulfill Your Needs For Your Every Day Lifestyle! Whether You're Trying Lose, Gain or Maintain Weight We Have A Package For You! (Pick Up Your Package Every Monday)**



**Come In and Visit With Our Owner Today To Discuss A Weight Loss Plan And To Pick A Package That Fits You Best! We Look Forward To Improving You Physique One Day At A Time!**

**See website for more information and to purchase your package!**

**<https://www.cacestboncatering.com>**



# MEAL PREP PACKAGES



Looking to Lose, Maintain or Gain Weight? Choose Ca C'est Bon To Make Your Healthy But Delicious Meal Preps!

**MOST POPULAR**



## GOLD

Includes:

1 meal a day for 5 days a week!

(Breakfast, Lunch or Dinner!)

**\$30 Per Week**  
**\$110 Per Month**



## PLATINUM

Includes:

3 meals per day for 5 days a week!

(Breakfast,Lunch,Dinner)

**\$82.50 Per Week**  
**\$300 Per Month**



## DIAMOND

Includes:

2 meals per day for 5 days a week!

(Either Breakfast and lunch or Lunch and dinner, etc!)

**\$55 Per Week**  
**\$200 Per Month**

See website for more information and to purchase your package!

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